



Supporting Homeward Bound Adirondacks

Almost two decades of war is taking its toll on the many individuals serving our country in uniform. PTSD, depression, anxiety, isolation, traumatic brain injuries, physical disabilities and intolerable rates of suicide has brought us to a critical point. It is imperative that we, as a society, do something that will assist our Veterans successfully integrate back into civilian life.

Towards that end, Homeward Bound Adirondacks (HBA) was formed in 2010 as a veterans' service organization focusing on the needs of Veterans and their families. HBA is a private community-based 501(c)(3) not for profit located in Saranac Lake. HBA conducts weekend retreats in the Adirondack forest designed to address PTSD and veteran suicides. Homeward Bound Adirondacks also provides referrals to Veterans for community services, transportation to medical appointments with its van and emergency grants to veterans and their families in crisis.

HBA has been running these restorative retreats for over six years now. It's well known that the Adirondacks was the place to come in the early 1900's to cure from tuberculosis. Today this natural treasure has been helping soldiers heal from the wounds of war. The only cost to the Veteran is transportation to the retreat site. Homeward Bound Adirondacks pays for lodging, food and all the events at an average cost of \$1,500 to \$2,000 per weekend. We operate on a shoe string budget with only one part time employee. Administrative costs are minimal. The remaining donations received by HBA directly support our Veterans. Before Covid 19, HBA was conducting on average 8-10 retreats per year.

In addition to hundreds of generous private donations, Homeward Bound Adirondacks owes a huge debt of gratitude for the grants awarded from the United Way of the Adirondacks which helps to subsidize the transportation service. The majority of those rides are for medical services. HBA has also benefited from the donation of a second hand van from the Disabled Veterans of America (DAV).

HBA consists of a small dedicated board of volunteer directors and a mental health professional as its executive director. The HBA office is located at 24 Depot St in Saranac Lake. The Village of Saranac Lake generously rents that location to HBA for \$1 a year. This is where veterans can stop by or call for services. The current HBA retreat center is located in Onchiota on land leased to HBA by Paul Smiths College but that lease will end in August 2021.

Finally, however, we have purchased our own property, a 105 acre tract of vacant land near Lake Titus which will become the permanent home of HBA. Through annual donations, a generous anonymous benefactor has helped subsidize retreats by paying the rent for the property in Onchiota and will now help pay part of the mortgage for the new property just off Rt. 30 south of Malone. It will be named the SGT

Carlton A. Clark Veterans Center. Army Sergeant Carlton A. Clark of Royalton Vermont was 22 years old when he was killed in Baghdad, Iraq on August 6th 2006 during combat operations. SGT. Clark was assigned to the 101st Airborne Division (Air Assault), Fort Campbell, Kentucky as a combat engineer. SGT Clark earned a Bronze Star medal and a second Purple Heart posthumously.

How can you help Homeward Bound Adirondacks? HBA has begun a capital campaign to build the structures needed on the new property to host weekend retreats for up to 20 people. Please consider supporting HBA by donating \$25, \$50, \$100 or more. Your donation will allow HBA to develop and maintain a retreat site in the Adirondacks and it will help them to conduct more retreats which means HBA will reach more veterans in need. We thank you for your support.

“Homeward Bound Adirondacks helped me regain my purpose in life. I’ll be forever grateful.” Iraq War Veteran.

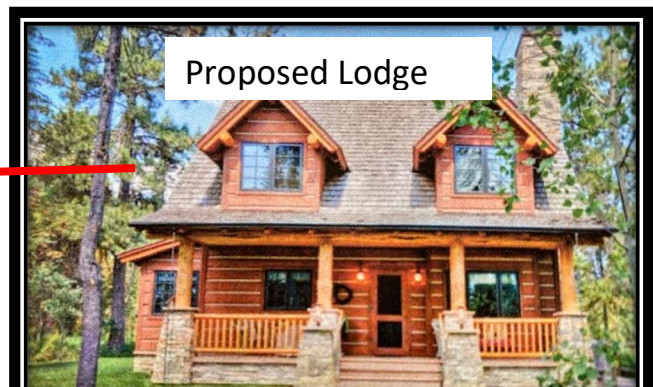
Sincerely,



Mark J. Moeller

President of the Board

Homeward Bound Adirondacks



Future site of the SGT. Carlton A. Clark Veterans Center, Homeward Bound Adirondacks



Window Decal Shoulder Patch Challenge Coin

Homeward Bound Adirondacks Supporter Application

Enclosed please find my check or cash for \$_____ to become a Supporter of Homeward Bound Adirondacks (HBA) and the SGT. Carlton A. Clark Veteran's Memorial Retreat Center.

1. Name(s): _____
2. Address: _____
3. Home phone: _____ Cell Phone: _____
4. Email address: _____
5. Level of support (circle one):
 - a. Private: \$25 (HBA supporter card and decals)
 - b. Private First Class: \$50 (HBA supporter card, decals and patch)
 - c. Corporal: \$100 (HBA supporter card, decals, patch, coin and cap)
 - d. Sergeant: \$250 (HBA supporter card, decals, patch, coin & cap)
plus names engraved on plaque in Main Lodge for Bronze Level
 - e. Sergeant First Class \$500 (HBA supporter card, decals, patch, coin & cap)
plus names engraved on plaque in Main Lodge for Silver Level
 - f. Sergeant Major \$1,000 (HBA supporter card, decals, patch, coin & cap)
plus names engraved on plaque in Main Lodge for Gold Level

6. Are you a veteran? Y/N

7. Are you able to volunteer occasionally? Y/N If yes please select:

- | | | |
|--------------------------------------|---------------------------------------------|-----------------------------------------|
| <input type="checkbox"/> Fundraising | <input type="checkbox"/> Maintenance/ Rehab | <input type="checkbox"/> Transportation |
| <input type="checkbox"/> Mentoring | <input type="checkbox"/> Special events | <input type="checkbox"/> Administration |

Other _____

8. Signature _____ Date _____

9. Received by: _____ Check # _____ Cash amount: _____

Veterans Helping Veterans	Mail payment to: Homeward Bound Adirondacks, PO Box 1100, Saranac Lake, NY 12983
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www.homewardboundadirondacks.org